

GROWING A TASTY SALAD GARDEN:

Step 1. Plant an indoor or Patio Salad Garden: You don't even need seeds.

Celery, Romaine lettuce, small onions, your favorite herbs (with stems), and maybe a few beets.

Step 2. For celery and Romaine lettuce

- Cut off the bottom 2 inches and "plant" it, root side down, in a saucer of water or an inch or two of moist potting soil. Leaves, then tender stalks will slowly emerge from the center.
- When the stump is well rooted, transplant it into a larger container (with good drainage) and you'll harvest tender greens for months.
- For basil, sage, mint, thyme, oregano, or rosemary, remove the lower leaves from the stems of fresh herbs.
- Set the stems in water, and once they develop a good set of roots, you can plant them in potting soil beside a sunny window.

Step 3. Harvest and eat your delicious plants! Excellent for Raised Beds and large Containers

SPAGHETTI SAUCE GARDEN: Easily grown in a 4 x 4 raised bed.

- Step 1. Plant tomatoes, basil, oregano, 2 determinant tomato plants
- 1 sweet pepper
- 1 Italian pepper (optional)
- about 2 or 3 dozen onion sets
- 1 or 2 starter plants each, oregano, parsley, basil
- Garlic Chives

MEDICINAL GARDEN:

Calendula

Passion Flower

Holi Basil

Southern Ginseng or Sweet Tea

Stinging Nettles

Motherswort

Echinecea or Purple Coneflower

Meadow Sweet, Queen of the Meadow

Spilanthus or Toothache Plant

Wild Bergamont