



“Gardening For The Health Of It” A Day Of Gardening Enrichment

Keynote Topic: “Reap the Benefits”

Gardening provides the opportunity to improve both physical and mental health. Discover what is shaping the garden in 2018 and how to reap the benefits.

- Keynote Speaker: Robin Fruth-Dugstad

Robin Fruth-Dugstad earned her BS degree in Horticulture from UW-River Falls and her MS degree Horticulture from Iowa State University. She has 30 years of experience in the Horticulture industry and 23 years of experience in Horticulture Education. In 2008 she received the Excellence in Teaching award from the Minnesota State Colleges and Universities Board of Trustees. She has been the RCTC Horticulture Program leader for 15 years. Robin writes the Growing Concerns Garden column for the Rochester Post Bulletin. Several articles have been published in professional trade journals.

Breakout Sessions:

Pollinators: Birds, Insects, Weather

Pollinators and their habitats are decreasing in numbers and areas. Who they are and how you can help them thrive in your yards will be shared

- Presenter: Paula Zollman, University of MN. Extension Master Gardener.

Paula has a degree in Medical Technology and completed her Master Gardener training in 2006. Her love of the outdoors and gardening keeps her digging and planting even before the snow melts.

Shade Gardening: The Maturing Landscape

Has your yard and garden gotten shadier overtime? This session will discuss gardening challenges, solutions, and practices for your shady haven.

- Presenter: Jean Meyer, BS in Horticulture-U of MN, U of MN Extension Master Gardener, Former Olmsted Co. Horticulture Extension Agent, current owner of Turkey Run Hostas.

Gardening in Small Spaces:

Learn how to garden “differently”. Gardening “up”, raised bed gardening, and wall gardens are just a few of the topics that will be discussed during this session on maximizing your own small space.

- Presenter: Susy Olsen

Olmsted County Master Gardener.

Susy has spent a lifetime learning to “grow where she is planted” and has a great passion for native plants, hosta, gardening with children and growing edibles in her small yard.

Container Gardening:

Container Gardening opens a whole new world of possibilities, allowing anyone the opportunity to garden. Discussions will cover containers, soil, and plant selection. This session will show you how to push the envelope with your containers.

- Presenter: Phil Nicklay

Owner of Viola Nursery and Greenhouse since 2005, which has evolved into a service oriented endeavor. Services include: online store, hosting classes and private planting parties with hands on experience with professional guidance.

Edible Landscaping: Growing your Protein

Learn how to optimize your garden space by incorporating edibles into your landscape. Yes, your veggies can share the space with your flowers.

- Presenter: Jessie Crane

UMN. Extension Master Gardener since 2009

Leadership Team member and current President of Olmsted County Master Gardeners.

Basic Vegetable Gardening

Learn what it takes to have a successful vegetable garden. Some of the topics this session will cover are: seed starting, crop rotation, timelines, garden enemies, and charitable giving.

- Presenter: Lyle Rozeboom

A lifelong gardener with a wide variety of experience and knowledge in vegetable gardening.

Sedums and Succulents: “Succulents are Simple.”

A brief look at a wide variety of succulents, their care and propagation.

- Presenter: Ron Flemke

Horticulture degree from UMN. Owner of a Landscape Maintenance business with 40 years of experience.

Native Plants

Find out the importance of including native plants in your garden and landscape as well as the challenges of native plant gardening.

- Presenter: Joel Dunnette

An avid amateur Native Plant enthusiast, Joel has spent decades working with native plants in and around our area.

Woody Tree and Shrub Maintenance in the Landscape

Learn the ins and outs of plant selection, proper trimming and pruning techniques and trouble shooting to enhance your landscape .

- Presenter: Maier Tree and Lawn Care Certified Arborist

Outdoor Garden Rooms: Water, Color, Architecture

Find out what it takes to create an outdoor space that suits your needs and desires, taking inspiration from our natural world.

- Presenter: Jeff Feece

Degree in Landscape Architecture and worked at various landscape firms specializing in land development and design. Jeff currently owns his own professional landscape design and consulting business.

Trends in Plants: Annuals and Perennials

Learn what's new in plant material for 2018. Also, what you can do to prepare this Spring.

- Presenter: Megan Magee, Family Tree Nursery
Horticulture degree in greenhouse management from RCTC. A lifetime of experience growing up in the family greenhouse business.

Psychological Impact of Flowers

Flowers effect how we feel. This class will explore the psychological benefits of giving and growing flowers and their language. As a bonus, there will be a floral arrangement demonstration.

- Presenter: Cindy Andrist
Horticulture Certificate RCTC. UMN. Master Gardener. Currently manages Hy-Vee Floral on West Circle Drive with 30 years of experience.

Gardening to Attract Hummingbirds and Butterflies

The habits and needs of hummingbirds and butterflies will be discussed. Recommendations for plants and food will also be presented.

- Presenter: Terry and Joyce Grier
Years of experience in successfully adapting and changing their garden to attract butterflies and hummingbirds.

Perennials: Digging and Dividing

This class will focus on the perennial garden: why certain perennials need to be divided and how often, why there perennials might not tolerate division. How to dig perennials and the opportunity to amend the soil will also be discussed.

- Presenter: Deb Lightner
UMN Master Gardener. Experienced gardener now working on her 5th flower and vegetable garden.

Panel Discussions: Here's an opportunity to discuss pertinent garden topics with experienced local gardeners.